

Position Title: Food and Nutrition Volunteer
Reports To: Residential Program Manager

Summary of Role:

Our food and Nutrition staff make one meal daily (Mon-Thurs) for the residents to enjoy and keep the fridge and pantry stocked for families to make their own meals the rest of the time. This volunteer role will allow this program to continue and grow.

Support to this Position:

The manager will provide primary support for these volunteers. Secondary support will be provided by Food and Nutrition staff.

Tasks and Duties

- Help keep order in the kitchen by putting away food and checking expiry dates.
- Help with food prep for daily meals provided
- Support the kitchen cleaning efforts

Skills and Qualifications

- Excellent knowledge of cleaning
- Some experience with food prep/cooking
- Attention to detail
- Time Management skills
- Vulnerable sector police check
- 18 years +
- Proof of COVID-19 vaccinations

Location

Cambridge

Time Commitment

Negotiable (only looking for availability days during the week, as food and nutrition staff do not work on weekends)

Who Are We? Women's Crisis Services of Waterloo Region (WCSWR*) provides emergency shelter to women and children fleeing abusive relationships. We operate two shelters: Anselma House in Kitchener and Haven House in Cambridge. Our facilities operate on a 24/7 basis, **and we pride ourselves in being more than shelter**. We also offer a robust region-wide outreach support program which supports families who are experiencing or have experienced domestic violence. We believe that everyone deserves to live a life free from abuse.

*WCSWR supports women, transgender and gender-diverse individuals.

If interests please submit your resume to hr@wcswr.org.